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An extremely sporadic psychological phenomenon that only affects around 0.12% (Psychology Today, *Capgras Syndrome*) of the entire human population is Capgras Syndrome. Capgras Syndrome (CS), also known as Fregoli Syndrome is the profound belief that their loved ones, pets, or even objects have been replaced by identical impostors. An example of a situation in which somebody has an episode is if a mother is at home in her room watching television and her son approaches her. She will look at him with terror, sadness, and confusion. She could start screaming at her son saying things along the lines of “Who are you and what did you do to my son?!” Keep in mind that although the mother is yelling at her kid causing lifelong trauma, she is heavily suffering herself. Understanding Capgras syndrome not only sheds light on the intricacies of identity and recognition but also underscores the fragility and resilience of the human psyche.