

Angelina Lazzareschi
Health and Life Editor
Weekly Contributor: Crystal Care

Crystalline Wonders

This week we are going to be exploring the loving Rose Quartz, the shielding Labradorite, and the clarifying Selenite, and the powerful properties that they are known to hold. These crystals have been known to not only bring beauty to a space, but also a positive flow of energies, despite there being no solid scientific proof. Every crystal holds different properties, so it's important to know which one could work for you and aid in the everyday struggles of life. Through this exploration, the aim is to uncover the mystical and transformative potential that these crystals are believed to offer, inviting you to experience their magic firsthand.



Rose Quartz

The notorious rose quartz stone is popular amongst crystal lovers for its beautiful pink color and loving properties. Its color can vary from delicate pastel pink to a rich medium hue, and its price could be influenced by its size and shape. The image on the left showcases a gorgeous example known as a Rose Quartz tower which has been carved and polished to enhance even more of its beauty. Found predominantly in Madagascar, India, Brazil, & North America, this stone symbolizes various forms of love, including self-love and the attraction of romantic love. Its calming and centering properties promote inner peace and healing, particularly in matters related to self-care and self-acceptance. Often used in jewelry such as necklaces, earrings, or bracelets, Rose Quartz adds a touch of elegance and self-love to any ensemble.

Labradorite

The stunning labradorite stone holds many beautiful colors when it catches the light, and is frequently found in Canada, Finland, and Madagascar. Crystal lovers claim that this gem helps to protect against negativity, making it a helpful ally with warding off

unfavorable energies. Furthermore, its properties are said to promote mental clarity and enhance intuition, providing invaluable support for making significant life decisions.



Selenite

The selenite crystal is a must-have, especially if you own other crystals, as it is renowned for its ability to purify and fortify neighboring crystals. It's widely available and can be found across the globe, offering purification, protection, and a sense of tranquility. It's important to keep in

mind that this crystal is not water-friendly; exposure to water can cause it to splinter and dissolve.

