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Weekly Contributor: Campus Health Update:

Covid On the Rise

After the pandemic, maintaining COVID-19 protocols may have seemed useless, but did you know that covid is still among us. In college, making covid a concern can lead to a healthier college campus. Washing your hands and using hand sanitizer especially after being in close contact with others is a key way to prevent the spread of covid. COVID-19 has recently become a concern with a rise of covid cases in the Bay Area.

Maintaining social distance is another thing you can do to prevent the spread. Avoiding unnecessary large gatherings and keeping a safe distance from others can minimize your chances of getting COVID-19. It's very important that you stay up to date with all current guidelines from health authorities and our DUC administration.

Getting vaccinated and keeping up with booster shots is one of the most effective ways to protect yourself and others. Vaccines have been shown to reduce the severity of symptoms and the likelihood of severe illness. By following these tips students at DUC can have a safer campus environment for everyone.