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College Sports
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Dominican Women's Soccer Kicking off the Spring Season

With the Women's fall season coming to an end, they begin to prepare themselves for the upcoming spring season. After a tough 2023 fall season, the Penguins are motivated and determined to put in the work during the offseason to shine in the upcoming fall season. On January 16th, Women's soccer kicked off the first day of the spring season. They started the day with 7 am weights and 12 pm practice. Adjusting to the heavy bodies and getting back into the routine, but overall, it was a great start to a promising season.

