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Trapped in a world of phantom insects and creeping sensations, those afflicted by Ekbom Syndrome are forced to navigate a haunting realm where reality and illusion blur into a real-life nightmare. Somebody who is suffering from this syndrome is under the delusional belief that there are bugs or some sort of organism that are constantly crawling and living under their skin. It is common for the individual who has Ekbom Syndrome also to display behaviors of Obsessive Compulsive Disorder (OCD). A representation of these two disorders being comorbid would be the individual constantly taking showers throughout the day due to the feeling of uncleanliness or the individual having scabs or scratch marks on their body as a result of trying to dig the bugs out of their body. Exploring Ekbom Syndrome not only reveals the complexities of identity and recognition but also highlights how fragile yet resilient the human mind can be and what it can conjure up in order to cope with the challenges faced.